Friendship Heights Village Center

Screening

3 – 4 p.m.: Tea

7 p.m.: Pilates

2 – 4 p.m.: Nurse Specialist

11:30 a.m. - 1:30 p.m.:

Art Reception



Calendar of Events 2017

		A U	G U	S	Γ	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 a.m.: Yoga 30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:30 a.m.: Tai Chi 10 a.m.: Great Books 12:30 p.m.: Bridge Club 5:30 p.m.: Community Advisory Committee Meeting - Open to the Public	8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates 8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening 2 p.m.: Speech Therapy and Support Group 2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 7 p.m.: Pilates	9 12 p.m.: Chess Group 1 p.m.: Suburban Lecture on Acupuncture 7 p.m.: Concert: MoSoundz Revue Band	Playtime 11 a.m.: Still Life and	9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 1 p.m.: Abstract Painting	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography f Children 10:30 a.m.: Basic Photography 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:30 a.m.: Photography f Children 10:30 a.m.: Basic Photography
10 a.m.: Yoga 30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	10 a.m.: Great Books 12:30 p.m.: Bridge Club	8:15 a.m.: Walking Club 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure	16 12 p.m.: Chess Group 7 p.m.: Concert: Karen Lovejoy Tribute to The Beatles	8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime 11 a.m.: Still Life and	9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs

11 a.m.: Still Life and

6:45 p.m.: Acrylic or Oil

7 p.m.: Movie: Boss Baby

Beyond

10:30 a.m.: Balance,

(make-up class)

1 p.m.: Abstract Painting

Movement and Memory

9:30 a.m.: Photography for

Children

10:30 a.m.: Basic

Photography

9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers

10 a.m. – 2 p.m.: MVA Mobile Office

10 a.m.: Great Books 12:30 p.m.: Bridge Club **7 p.m.: Café Muse** 8:15 a.m.: Walking Club
12 – 4 p.m.: Blood Pressure

Screening 2 – 4 p.m.: Nurse Specialist

3 – 4 p.m.: Tea

12 p.m.: Chess group
7 p.m.: Concert:

Mountain Fever Band

8 a.m.: Depart for Rehoboth

8:15 a.m.: Walking Club 11 a.m. – 4 p.m.: Village Playtime

7 p.m.: Movie: The Lovers

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9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 26

8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography

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9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 28

9:30 a.m.: Tai Chi 10 a.m.: Great Books 12:30 p.m.: Bridge Club 29

8:15 a.m.: Walking Club 12 – 4 p.m.: Blood Pressure Screening

2 – 4 p.m.: Nurse Specialist 3 – 4 p.m.: Tea 30

12 p.m.: Chess Group

7 p.m.: Concert: Mariachis de Los Compadres 31

8:15 a.m.: Walking Club 11 a.m.– 4 p.m.: Village Playtime

7 p.m.: Movie: The Zookeeper's Wife



Shuttle bus hours



Monday through Friday Saturday and Sunday 6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m. Friday 9 a.m. to 5 p.m. Saturday and Sunday 9 a.m. to 2 p.m.

Friendship Heights Neighbors Network (FHNN) August 2017 events

The Network has LAUNCHED! The FHNN will be listing in this newsletter only events that are open to the Friendship Heights public (non-member donation requested).

Movie afternoon at The Elizabeth Party Room at 4 p.m. on August 29. Movie to be determined by vote of those who RSVP to information.fhnn@gmail.com by August 11. For more information, including member events, go to www.fhneighbors.org.